

Chicken Quesadilla

Makes: 100 servings

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Ingredients	Weight	Measure
Whole grain flour tortilla, 8"		100 each
Fresh green peppers, chopped	1 lb 10 oz	1 qt 1 cup
Fresh onions, chopped	1 lb 2 oz	3 cups
Canned black beans,	3 lb 14 oz	3 qt 2 cups
drained		(1 No. 10 can)
Canned corn, liquid	4 lb 2 oz	1 gal 1 ½
packed whole kernel,		qt (1 No.
drained		10 can)
Cooked chicken, diced	9 lb	3 cups
Fresh tomatoes, diced		1/4 cup
Chili powder		2 Tbsp
Ground cumin		1 Tbsp 2 tsp
Onion powder		1 Tbsp 2 tsp
Paprika		1 Tbsp 2 tsp
Reduced fat Monterey		

Directions

- 1. Line 5 sheet pans (18" x 26" x 1") with parchment paper. Place 10 tortillas side by side on each pan (use a total of 50 tortillas). Reserve for step 5.
- 2. Combine peppers, onions, black beans, corn and chicken. Heat on medium for 5 minutes.
- 3. Add tomatoes to vegetable and chicken mixture and drain excess liquid.
- 4. Add chili powder, cumin, onion powder, and paprika to vegetable mixture.
- 5. Spoon ¾ cup vegetable/chicken mixture onto each tortilla.
- 6. Combine shredded cheeses. Sprinkle each tortilla with ¼ cup of cheese mixture.
- 7. Place remaining tortillas on top, pressing down gently. Spray tortillas with pan release spray to aid browning.
- 8. Bake until tops are golden brown: Conventional oven: 400°F for 10 minutes Convection oven: 375°F for 7 minutes
- 9. Allow quesadilla to stand for 5 minutes.
- 10. Cut each quesadilla in half and serve.